



Rethinking Psychiatry:

The Place of Culture in Mental Health Services

Tuesday, June 23, 2015
9:30am – 4:30pm
\$50 includes lunch

A symposium for mental health and addiction service providers including frontline workers, supervisors, managers, psychiatrists, policy and decision makers.



This symposium will guide you through the journey of understanding how cultural, ethnic and racialized identities can influence mental health problems. We will identify common strategies to promote cultural competence in mental health practices. Systemic issues will be discussed. We will also examine the need for recognition of different models of healing by looking at several ethnic populations and learn from their experiences.

“Living in a growing diverse society, culture and related issues become a very important element in mental health and addiction services. Cultural identity gives our lives identity, meaning and purpose and through it we articulate our deepest values and greatest aspirations. Cultural identity shapes every aspect of experience including health and illness. Mental health practice must respond to this diversity.”

~ Dr. Kirmayer

LEARNING OBJECTIVES

1. Recognize some of the key ways in which cultural, ethnic and racialized identities can influence mental health problems, including distinctive risk and protective factors and resilience for mental health problems among immigrants, refugees and the historical and political factors among the aboriginal populations for mental health issues.
2. Consider the components of the DSM-5 Outline for Cultural formulation and the Cultural formulation Interview and the potential use of cultural consultation in improving access and quality of mental health care for clients from ethnocultural communities.
3. Identify common strategies to promote cultural competence in mental health practice.
4. Identify key components of cultural safety in mental health practice and the place of healing traditions in different populations for mental well being.

Symposium to be held at: Cousins Deli ~ 110 Pony Dr, Newmarket, ON L3Y 7B6 | (905) 895-8053

SYMPOSIUM PANEL



Laurence J. Kirmayer,
MD
McGill University

Institute of Community & Family Psychiatry, Jewish General Hospital, Montreal



Dr. Suzanne L. Stewart,
PhD, C.Psych
University of Toronto

Associate Professor, Counselling Psychology Program



Kenneth P. Fung,
MD, FRCPC, MSc
University of Toronto

Toronto Western Hospital, Toronto



Louisa Leung,
M.A., O/AMMFT Clinical Fellow/
Approved Supervisor
Addiction Services for York Region

Complete biographies of our guest speakers are available here.